

# Infant CPR

If your baby isn't breathing, appears unconscious or unresponsive and can't be roused by tapping his feet and shoulder, give him 2 minutes CPR ( five cycles of breathing and compressions) before calling 911.

## 1. OPEN AIRWAY

Check baby's mouth for foreign objects by looking inside mouth.

Remove any visible object by running a finger along the inside of the cheek and behind the object to sweep it out of the mouth.

Lay baby on his back on a firm surface.  
Tilt his head back slightly and lift his chin.  
Check for movement and breathing.



## 2. IF BABY ISN'T BREATHING...

Seal your mouth over his open mouth and nose.  
Give **two slow, gentle breaths** and watch to see if his chest rises.

Allow air to escape between breaths.



## 3. DEPENDING ON BABY'S RESPONSE...

to the rescue breaths,  
follow steps in one of the categories below.

### A. IF THE CHEST DOES NOT RISE...

Retilt baby's head and give two more breaths.

**If the chest still doesn't rise:**

Place two fingers on baby's breastbone  
one finger width below nipple line.

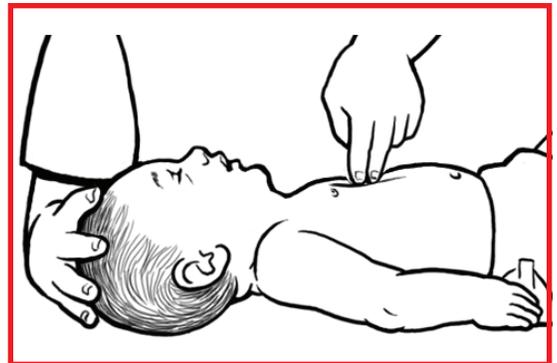
Using your two fingertips,  
give 30 quick chest compressions  $\frac{1}{2}$  to 1 inch  
without removing fingers between compressions.

Tilt baby's head and visually check for an object  
in his mouth.

Sweep out any visible object with your little finger.

Give two rescue breaths.

Repeat cycle of 30 chest compressions,  
object check and 2 breaths until air goes in  
and chest rises.



### 3. IF THE CHEST RISES...

Check for a pulse on the inside of upper arm.

**If you can feel a pulse**, but baby isn't breathing:  
continue giving 2 rescue breaths every 3 seconds,  
removing mouth between breaths.

Check pulse after 2 minutes.

**IF THERE IS NO PULSE OR SIGNS OF LIFE,**

tilt baby's head back with one hand to open airway.

Give 30 chest compressions followed by 2 breaths.

Repeat 30 compressions and 2 breaths until you  
see signs of life or .